

# MB ChB Newsletter - academic year 2018-19 No. 1

## Introduction

At the start of this term the MB ChB administrative and leadership team moved into smart new offices in 5 Tyndall Avenue.



We are trying to make this building feel like more of a home for students and staff. Next term the Galenicals committee will be able to use some of the rooms at evenings and weekends.

Our new MB ChB Blackboard site has been well received by students and staff alike. We are trying to make this even better. Next term we will add a new section listing all the local and national prizes to which students can apply. Our students have always enjoyed great success in the past.

The MB21 curriculum is rolling out into year 2, thanks to the hard work of Dr David Morgan, Professor Judy Harris, Dr Zoe Palmer, Dr Charlotte Bradbury, Dr Natalie Hawkes and Alex Tidman.

In year 4 Dr Ben Howes is piloting the use of the *Happy App* as a means for students to give instant feedback and for us (the staff) to respond. Not all the posts are happy ones, but it's good to know what we need to improve and have the opportunity of putting things right quickly.

The end of term comes as a relief to us all, but especially for our final year students. They have applied for their first jobs and have just sat their main written exams. Some of them have just had, or are about to have, interviews for academic foundation programme posts. We wish them luck.

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## In this newsletter:

- Staff Changes
- Faculty Student Advice Service
- Breaking news: new 45p mileage rate
- Student Achievements
- FoM Conference
- INSPIRE Conference
- Friday Night Feast with Jamie Oliver
- Dates for your diary
- Season's greetings

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## Staff Changes

### New Deputy Programme Directors

In September **Dr Jane Sansom** and **Dr Jonathan Tyrrell-Price** joined the senior management team as Deputy Programme Directors. They are working closely with our Programme Directors Dr Andrew Blythe (MB16) and Professor John Henderson and Deputy Programme Director Dr Eugene Lloyd (MB21) to ensure we continue to deliver an outstanding programme.



Many of you will know Dr Sansom as the former Academy Dean at the South Bristol Academy. She is also consultant dermatologist at the BRI. Dr Tyrrell-Price is a consultant gastroenterologist at the BRI.

### Academy Staff

**Dr Robert Marshall** has completed a very successful term of office as Deputy Academy Dean for South Bristol. We extend our most sincere thanks to him. Dr Marshall has also overseen the introduction of the Health Care Assistantship for all first year students.

**Dr Julie Dovey** (Consultant Care of the Elderly Physician) and **Mr Jonathan Rees** (Consultant Surgeon) are the new joint Academy Deans for South Bristol Academy.

The North Bristol Academy welcomes **Dr Catalina Estalina** (Consultant Plastic Surgeon) as the new Deputy Dean.

And **Dr Andrew Stanton**, Unit Lead for Senior Medicine and Surgery and Deputy Academy Dean at Swindon moves to Newcastle next month. He has been an exceptional unit lead and has done much to improve the experience of students in year 5 and improve Finals.

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## What is the Faculty of Health Sciences Student Advice Service?

Our Student Advice Service provides friendly, private advice and support to all students within the Faculty of Health Sciences. The service is available 9:30am – 4:30pm, Monday – Friday on a walk-in/call-in or appointment-based system and exists separately to any academic programmes to allow students to speak openly. As a university, we recognise that most students will encounter circumstances that may impact on their studies at some point during their time with us. Our advice service works to help students identify the issues impacting on their wellbeing

and determine the services that can best support them.

We're here to offer a friendly ear and are happy to talk through anything that is troubling a student. Examples of some common topics include a change to your physical or mental health, problems with relationships, funding difficulties, work/life balance etc.

To get in touch with the service email [healthsciences-support@bristol.ac.uk](mailto:healthsciences-support@bristol.ac.uk) or call 0117 33 11541 / 0117 33 11577. You can also book an appointment using our online calendar at <https://bit.ly/2OK4FnC>.

## Breaking News

### Travel claims

Good news: we have increased the travel claim rate for drivers to 45p per mile.

We now have a new online claim process which allows you to upload your receipts and makes the claim process much faster. We aim to process your claims within 3 days of receipt, so you should receive payment within a month. [How to submit a travel claim](#). Please note that a new University policy means that claims will only be paid if submitted online **within 8** weeks of the date incurred. (This applies to both staff and students of the University of Bristol). This means you need to submit a claim at **both** the beginning and end of your block.

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## Student Achievements



**Congratulations to Max Brzezicki** who delivered his eSSC research oral presentation on the *Accuracy of Diagnosis of the Fronto Temporal Dementia - An Artificial Intelligence Study of Symptoms*,

*Imaging and Clinical Judgement* at the conference of the European Society for Cognitive and Affective Neuroscience (ESCAN) 2018 in Leiden (The Netherlands) this July.

He said, "The University of Bristol kindly sponsored my travel costs and thus I'm extremely grateful for their help in attending the conference. I wanted to share that as an example of how eSSC funding can help students get these opportunities."



**Congratulations to Neha Maqsood** who has won an Alumni Association Award given to students who do exceptional things outside or during university. She was also recently featured on the 100 Most Influential

Black and Minority Ethnic People in Bristol and did a radio show at the Burst Radio Station which was used by the BBC London News.

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**Congratulations to The University of Bristol Islamic Society** whose charity week sponsored by Islamic Relief raised a whopping £16,148.31 - breaking all previous records! Islamic Relief is currently the most significant official charity on the ground in Syria helping residents alongside refugees in other countries. They're also working in many countries across East Africa building new infrastructures and providing life-saving resources.

We believe in making sure Muslim students on campus take a more active role in our community and bring people together to help break down some of the barriers across different communities. Several of the events involve

collaboration between the faith societies, for example dinners and invited speakers on the idea of charity in the respective religions.



We tried to make the fundraising experience as fun and creative as possible while also incorporating the theme of unity and sustainability. Vice president and 2<sup>nd</sup> Year medical student Aaminah Hafezi along with our charity reps and 2nd-year dental students Habiba Abu-Elmagd and Iram Shahzad walked all the way to Bath (6 hours!) while our Internal affairs officer Wajahat Zafar conquered a series of food challenges. Interfaith rep and 2<sup>nd</sup> Year medical student Khadija Meghrawi wore a banana costume for the week, and vice president and 1<sup>st</sup> Year medical student Aamir Mohamed went bucketing with our hedgehog mascot Brizzles.

Our volunteers were a massive part of our success story, and we simply would not be here without them. It's important to be passionate about fundraising and to relish the enjoyment we can find in collaboration while remembering those who are less fortunate than us.

Aamir Mohamed

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**Congratulations to Bristol GP society** who won the Inspiring the Future Award for [GP Society Event of the Year](#) at the RCGP's Annual Conference in Glasgow. The prize was awarded for their Sixth Form Conference, a one-day GP conference for sixth formers interested in

studying medicine. This is the second year that the GP Society has won the award, following their South West Regional GP Conference in 2017. There was also success on the night for [Dr Alice James](#), Foundation Rep for the society and previous chair, who was awarded the RCGP's [Foundation Doctor of the Year](#). Alice works in Winchester Hospital and has been invaluable in promoting general practice to students at Bristol both as a student and doctor.



**Winners of: GP Society Event of the Year**

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## Conferences and Events

### National INSPIRE Intercalators Research Conference 2018



The fourth National INSPIRE Intercalators Research Conference took place in Bristol in November 2018. Over 150 Delegates came from

across the UK, ranging from Cardiff, Exeter, Plymouth, London, Ireland and more.

The day was opened with a keynote speech from Prof. Sadaf Farooqi FRCP, FMedSci. She is an internationally renowned Professor leading research into the genetic, molecular and physiological basis of obesity. She gave a fascinating speech discussing her time as a medical student and how she first entered the world of research.

Following this exciting start was a packed programme of talks by students who had intercalated covering themes of Dentistry, Surgery, Neurology, Cancer, Cardiology, Paediatrics, and Population Health! Delegates voted on presentations, with the top-rated presenters awarded prizes. Over lunch poster sessions took place whereby students gave a short synopsis of their poster, before being questioned by fellow delegates and facilitators.

A series of clinical academics of different training levels then gave talks on their careers and the challenges they have dealt with. It was clear that there is more than one route into research and it's always possible to start at whatever stage you may be, whether it's a 1st year medical student or a core trainee! The day ended with a networking wine reception and award ceremony led by INSPIRE leads Prof Richard Coward and Dr Liz Coulthard.

Overall it was impressive to see medical, dental and veterinary students presenting such high-quality research! The event gave students a taste of the research world, presenting and networking with fellow academics. The conference showcased the many opportunities of intercalating, such as courses at different universities, masters degrees and the chance to conduct longer projects boosting your CV and future chance of research success! We would like to thank the delegates for over £750 raised for the Bristol Children's hospital 'Above and Beyond' charity.

The day would not have been such a success without Alison Needler, Prof Richard Coward, Dr Liz Coulthard and the team of Medical, Dental and Veterinary Students who all organised and helped run the conference. We are also very grateful to the University of Bristol and the Association of Physicians who sponsored this superb event.

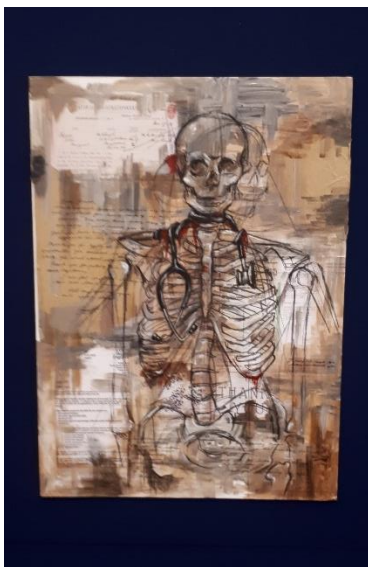


Jonathan Chan (4<sup>th</sup> year medical student, INSPIRE Ambassador)

## Foundations of Medicine Conference 2018

For the second year the Foundations of Medicine Conference ran for our new medical students. This is where they share what they have learned during their first three months at Bristol Medical School (as students, future medical doctors, and

as persons generally), with each other, their tutors and Bristol staff through the media of presentations, scientific posters and works of art.

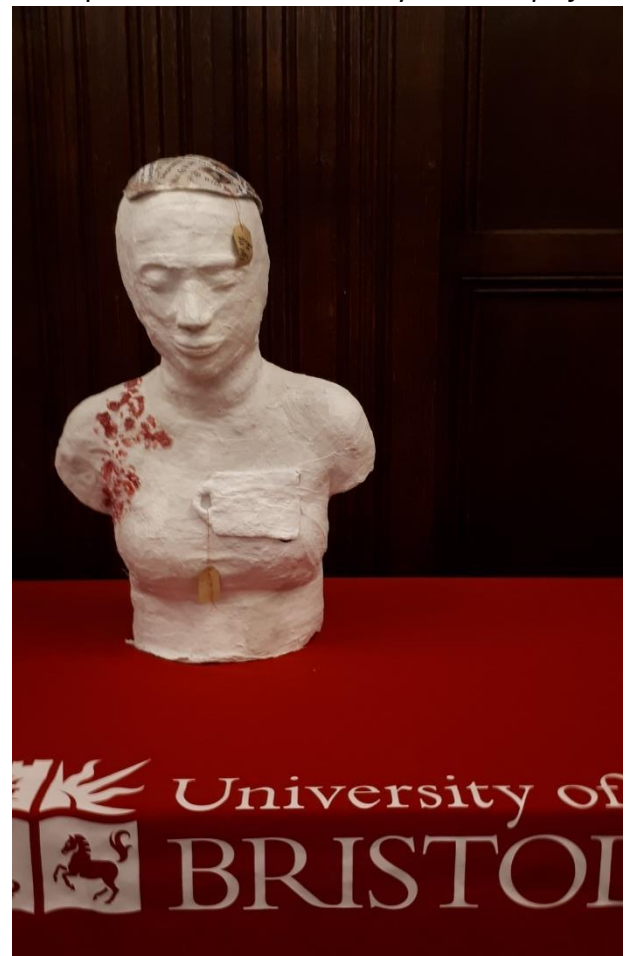


The student groups had prepared 24 Pecha Kucha presentations, which they all

presented on the stage in the Great Hall of our Wills Memorial building, while their colleagues presented 24 scientific posters which would not look out of place at an international medical scientific conference; covering a wide variety of topics including for example *What are the Risk Factors associated with Postnatal Depression?*, *A comparison of Healthcare systems around the world*, *Palliative Care*, and *Freshers' Flu – Is it true?*.

In addition, each group had also created a work of art to be displayed at the Conference, and again contributions were of extremely high standard. The artworks covered a wide range of topics, materials and ways of displaying them to the audience. See for example the photos of some of the, randomly selected, contributions.

Of course there were also prizes, which were handed out to the students by Professor Purdy: The best scientific poster was won by '*Attitudes towards body donation*' (group 1), the best pecha kucha presentation was won by '*The Recipe for a*



*Medical Student'* (group 8), and group 24 won the prize for best work of art with their '*To act in the best interest of the patient...*'.

Some impressions of the day can be found on twitter using the hashtag #fomcon18.

If you have not been able to attend the Conference, we hope to see you next year at the Foundations of Medicine Conference 2019!



**Professor Trevor Thompson** will be on TV with Jamie Oliver on 28th December at 7pm, Channel 4.



If you miss this for any reason you will be able to catch it again on ALL 4:

<https://www.channel4.com/programmes/jamie-and-jimmys-friday-night-feast>

Dates for the future to put in your diary:

- **Year 2 Poster Day: Thursday 17<sup>th</sup> January 2019**
- **Excellence Day: Friday 1<sup>st</sup> March 2019**
- **Graduation: Tuesday 23<sup>rd</sup> July 2019**

Finally

Do you have something to share? Send it to [susan.pettinger-moores@bristol.ac.uk](mailto:susan.pettinger-moores@bristol.ac.uk)

## Happy Holidays!

Did you know between 1 November and 15 January there are approximately 29 holidays observed by 7 of the world's major religions. And probably even more across the world.

So, we hope you enjoy your celebrations and wish you

PEACE

JOY

HOPE

For 2019